

KNIGHTS OF COLUMBUS

HOW TO START COR

Cor is a simple concept to consistently bring men together to refocus on Jesus Christ through shared time of prayer and formation. This is a new Supreme Council initiative with many tools available to make this a successful project for all councils across the order; many of those tools are listed below.

- Cor exists to form and strengthen Catholic men in faith and virtue, in their relationship with Jesus Christ and with each other as missionary disciple, through prayer, formation and fraternity
- The Charter of K of C includes the phrase “to form men in our faith”. It does not read “find men that have been formed”,
- Cor sessions are to be outside of the monthly Knights business meetings and must include THREE components,
 - 1 – Prayer (Example - Rosary, Adoration or a specific Novena),
 - 2 - Formation (Example – Knights of Columbus publications, Bible study, Men of The Word, workbook),
 - 3 – Fraternity (Example – Grill some burgers, sample bourbons, explore local beers, try new cigars).
- Open to ALL men of the parish and this initiative is NOT a recruiting tool, they do NOT need to be a member of K of C,
- It's a formal methodology of deepening our faith together, it is not a rigorous format; it IS flexible.
- Each session should be about 60-90 minutes total and ideally will be scheduled once a month,
- Combine councils where practical to further strengthen the bonds that develop with these gatherings,
- This is NOT intended to replace any, current bible of faith based study gatherings, only enhance where practical.

GRAND KNIGHT

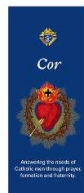
- **Meet with Your Pastor** - Must seek his permission, reminding him that you don't expect any work from him, only his blessing on this project. He is certainly invited to attend, pending his schedule,
- **Appoint an EFF Chairman** - Evangelization and Faith Formation (EFF) chairman will oversee the implementation and leadership of Cor. The Grand Knight has no official role in the Cor sessions.

EFF CHAIRMAN

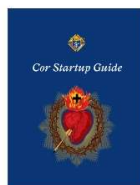
- **Set a Schedule and Order Materials** - Order materials or work with in-hand materials. Prepare to make this a meaningful experience and encourage each man to be accountable to the others in attendance.
- **Host the Gatherings** – Each session must include all three parts, prayer, formation and fraternity.
- **Report the Session** – Go to www.kofc.org/COR and a drop-down menu will include the box “COR Quarterly Survey”. Fill out the questions and enter. Typically, this is a 3 minute task; recommend doing this each month by each council represented.
- Dedicated literature is available from the Supreme Council to make the Cor project a success in your council:
- Form 11540 – Small tri-fold “Starting Cor in Three easy Steps,
- Form 11541 – Small tri-fold “Cor”, condensed version of the program,
- Form 11500 – “Cor Startup Guide” book with excellent details of “how to start” the program in your council,
- General overview of Cor, training videos, schedule examples, monthly reporting forms – all at www.kofc.org
- Men of the Word – Order item 11443E (Spanish 11443S, French 11443F), best pricing by volume, combine councils if possible.
 - Has 12 sessions all prepared with everything to host 12 sessions,
- Sacrament of Charity – Order item 612E
 - Has 12 sessions all prepared with everything to host 12 sessions.



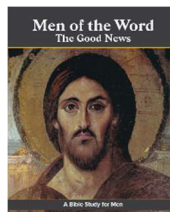
Form 11540



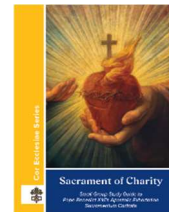
Form 11541



Form 11500



Form 11443E



Form 612E

Please call, text or email anytime –

Jason Kehl, COR Chairman

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